

San Francisco State University
Department of Public Health



Master of Public Health Program in Community Health Education

Prospective Student Information Session
For Fall 2022 Admission

The mission of the SF State Department of Public Health is to promote health at the individual, community, and structural levels through transformative education, research, scholarship and service, all of which value diversity, engage communities, and are grounded in cultural humility.

AGENDA

- ▶ Overview of Public Health
- ▶ Program Curriculum and Expectations
- ▶ Program Pedagogy
- ▶ Application Process



INFORMATION SESSION: GOALS

- ▶ Increase awareness of SF State MPH Program curriculum and expectations
- ▶ Increase knowledge of admissions process



What is Public Health?

From Centers for Disease Control & Prevention: Introduction To Public Health

Public health is “The science and art of preventing disease, prolonging life, and promoting health through the organized efforts and informed choices of society, organizations, public and private communities, and individuals.” - CEA Winslow

Additional references to explore the question “What is Public Health?”:

- ▶ Public Health System & 10 Essential Public Health Services
- ▶ World Health Organization
- ▶ American Public Health Association
- ▶ Association of Schools & Programs of Public Health: What is Public Health?



Public Health Approach

From 2007 Discussion paper for the Commission on Social Determinants of Health, based in the Department of Equity, Poverty and Social Determinants of Health, Evidence and Information for Policy Cluster, WHO Geneva:

- ▶ Where do health differences among social groups originate, if we trace them back to their deepest roots?
- ▶ What pathways lead from root causes to the stark differences in health status observed at the population level?
- ▶ In light of the answers to the first two questions, where and how should we intervene to reduce health inequities?



The SF State MPH program employs the **Ecological Framework** to explore how **social determinants** result in **health inequities** and how public health professionals can **effectively intervene** to reduce these inequities.

Social Determinants of Health

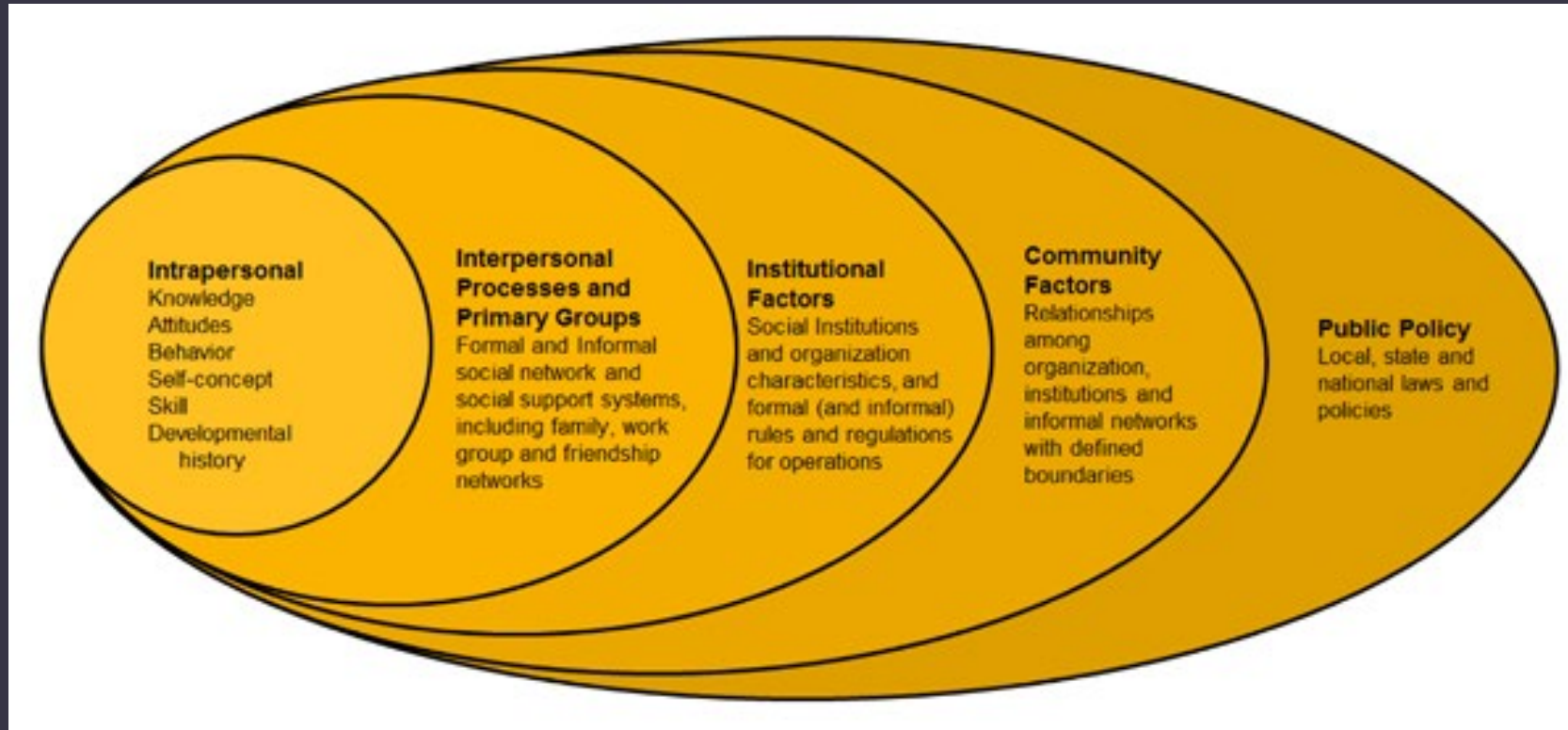
*The **social determinants of health** are the conditions in which people are born, grow, live, work and age, including the health system. These circumstances are shaped by the distribution of money, power and resources at global, national and local levels, which are themselves influenced by policy choices. The social determinants of health are mostly responsible for health inequities - the unfair and avoidable differences in health status seen within and between countries. (and communities)*

(World Health Organization, 2017)



The Ecological Framework

Emphasizes the linkages and relationships among factors at multiple levels affecting health



Upstream Downstream Parable: “Pull the people out of the dangerous river, but also go upstream to figure out how they got in there in the first place”



10 Essential Public Health Services

The Core Public Health Functions Steering Committee developed the framework for the Essential Services more than twenty years ago, in 1994.

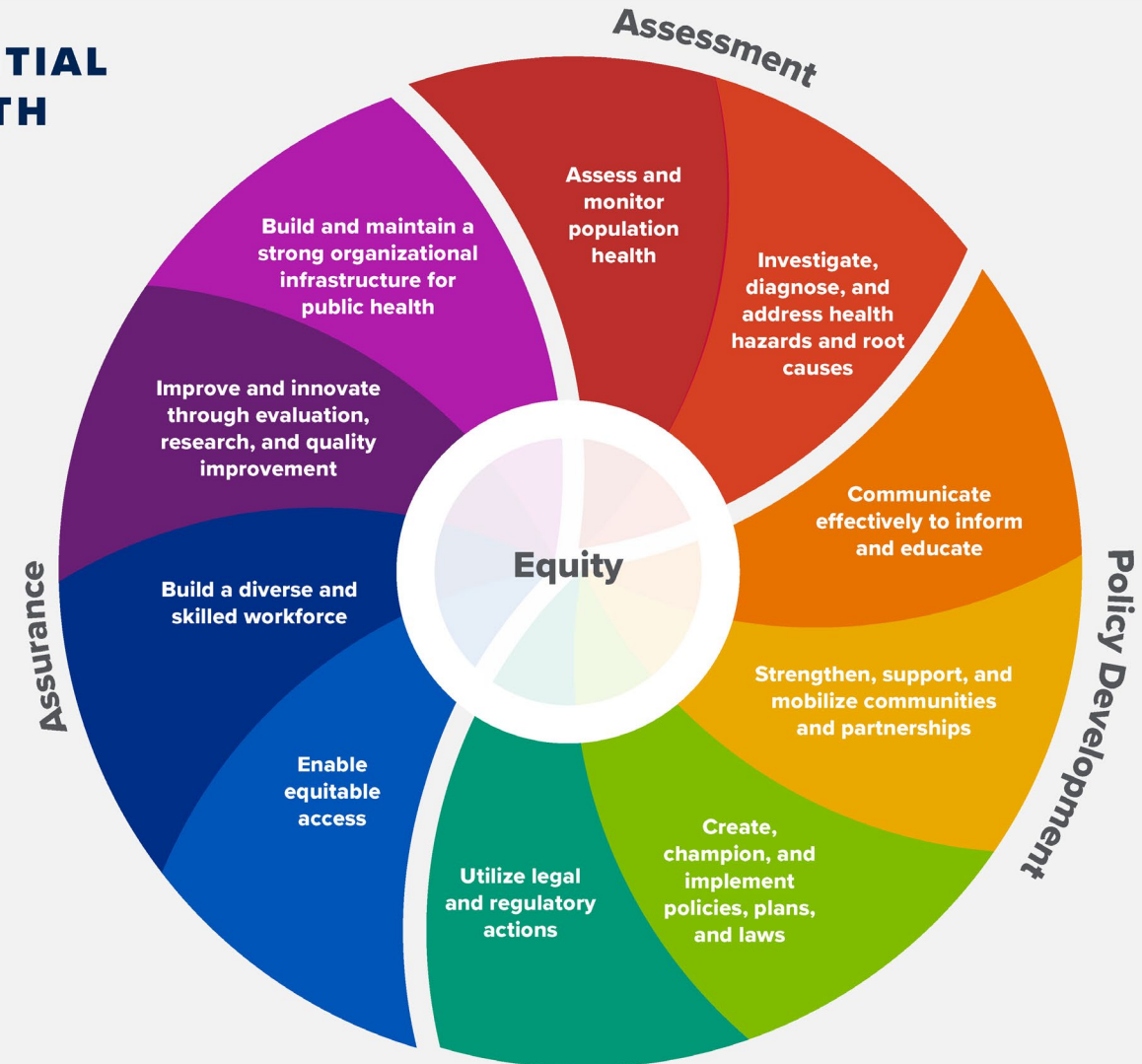
This steering committee included representatives from US Public Health Service agencies and other major public health organizations.

Recent updated [CDC: 10 Essential Public Health Services](#) is reflected in the image to the right.

THE 10 ESSENTIAL PUBLIC HEALTH SERVICES

To protect and promote the health of all people in all communities

The 10 Essential Public Health Services provide a framework for public health to protect and promote the health of all people in all communities. To achieve optimal health for all, the Essential Public Health Services actively promote policies, systems, and services that enable good health and seek to remove obstacles and systemic and structural barriers, such as poverty, racism, gender discrimination, and other forms of oppression, that have resulted in health inequities. Everyone should have a fair and just opportunity to achieve good health and well-being.



What are the specialties within the public health field?

- ▶ MPH Program vs. School of Public Health
- ▶ Programs within Schools of Public Health, i.e. Berkeley School of Public Health:

UCB MPH Degree Programs:

Biostatistics, Environmental Health Sciences, Epidemiology, Health & Social Behavior, Maternal & Child Health, Public Health Nutrition, Health Policy & Management, Infectious Diseases & Vaccinology, Interdisciplinary, etc.



SF STATE MPH SPECIALTY: COMMUNITY HEALTH EDUCATION

What is Community Health Education?

“Students who concentrate in community health are interested in the health characteristics of populations within a shared geographical area. Students in this field view a healthy life not through individual achievements but through the lens of the community structure - one that supports its constituent members to make healthy choices through public educational resources. In community health, public health professionals try to better understand the foundational blocks of a given community and the role these structures play in promoting a healthy life in a given area - whether it be a neighborhood, a city, or an entire region.”

(Association of Schools & Programs of Public Health, 2017)



PUBLIC HEALTH: WHAT CAN I DO WITH THIS DEGREE?

AREA: Behavioral Science & Health Education

- ▶ Programming
- ▶ Disease Prevention
- ▶ Community Outreach
- ▶ Grant Writing
- ▶ Advocacy
- ▶ Volunteer Coordination
- ▶ Social Marketing
- ▶ Public Relations
- ▶ Teaching
- ▶ Assessment
- ▶ Research



EMPLOYERS:

- Local, state, and federal government
- Nonprofit organizations such as:
 - American Red Cross, American Heart Association, American Cancer Society, American Lung Association
- Community mental health centers
- Local health departments
- Corporate wellness programs
- Fitness facilities
- Schools, Colleges and universities
- Hospitals
- Research and development firms
- International health agencies

STRATEGIES:

- Become familiar with grant writing techniques and grant submission procedures
- Supplement curriculum with relevant coursework in social work, sociology, psychology, English, journalism or public relations
- Volunteer to gain experience and develop expertise in a particular area or organization.
- Learn to work well with diverse populations.
- Get credentialed as a Certified Health Education Specialist
- Become involved in health programming on campus.
- Obtain part-time or summer job with campus health center or wellness coordinator.
- Develop strong public speaking and presentation skills.

SF STATE MPH ALUMNI: WHAT ARE THEY DOING NOW?

- Advocacy Director
- Program Director
- Community Program Specialist/Planner
- Director of Wellness & Community Outreach
- Director of Curriculum & Faculty Development
- Director, Health Education Department
- Evaluation Consultant
- Executive Director
- Global Project Coordinator

- University Faculty
- Manager, Training & Workforce Development
- Program Coordinator
- Program Manager
- Program Officer
- Project Director
- Provider Relations Liaison
- Quality Improvement and Integration Coordinator
- Resource Specialist
- Health Educator

- University Mental Health Education Coordinator
- Research Associate I (Project Coordinator)
- Senior Director of Training & Consulting Services
- Senior Health Educator
- Senior Health Program Planner
- Senior Manager for Policy, Planning & Equity
- Senior Publications Coordinator
- Team Leader/Special Projects Coordinator
- Youth and Community Coordinator

SF STATE MPH ALUMNI: WHO HIRES THEM?

- ▶ Community-Based Organizations and Private Firms
 - ▶ focused on public health through health education, policy, advocacy,
 - ▶ research, social marketing and so forth
- ▶ Educational/Research Institutions
 - ▶ colleges, universities, school districts
- ▶ Government Agencies
 - ▶ city, county, state, federal, including depts. of public health
- ▶ Hospitals, Medical Centers, Health Maintenance Organizations
 - ▶ General Hospital, UCSF, CPMC, Kaiser, Health Net, and so forth
- ▶ Independent Consulting



SF STATE MPH ALUMNI: FURTHER EDUCATION

- ▶ Doctor of Public Health (Dr.P.H., Ph.D)
- ▶ Doctor of Science (Sc.D.)
- ▶ Doctor of Dentistry (D.D.S or D.M.D)
- ▶ Nursing (R.N., M.S.N, N.P.)
- ▶ Physician Assistant (P.A.)
- ▶ Doctor of Education (Ed.D.)
- ▶ Doctor of Medicine (M.D.)
- ▶ Doctor of Philosophy (in various health-related areas) (Ph.D.)



OUR CURRICULUM

Curriculum Background Overview



ASPPH MPH Core Competency Model & Corresponding SF STATE MPH Coursework

From the [Association of Schools & Programs of Public Health \(ASPPH\) MPH Core Competency Model](#)

- ▶ Biostatistics (PH 828/829)
- ▶ Epidemiology (PH 825)
- ▶ Environmental Health Science (PH 855)
- ▶ Health Policy and Management/Administration (PH 835
Public Health Policy & PH 830 Health Education Planning,
Management and Administration for Community Change)
- ▶ Social and Behavioral Sciences (Covered in coursework
that addresses the Community Health Education focus of
our program)



Interdisciplinary/ Cross-Cutting Competencies

Emphasized throughout the SF State MPH coursework

- Communication
- Diversity & Culture
- Leadership
- Professionalism
- Program Planning
- Systems Thinking

From the [Association of Schools & Programs of Public Health \(ASPPH\) MPH Core Competency Model](#)



Community Health Educator Professional Responsibilities

From: NCHEC.org (Partnering with [SOPHE](http://SOPHE.org) & the American Association for Health Education)

The 2015 Health Education Specialist Practice Analysis (*HESPA 2015*) built upon the 2010 Health Education Job Analysis (*HEJA 2010*) model to result in a final framework (the HESPA hierarchal model) illustrating the practice of health education specialists. The HESPA hierarchal model includes entry level, advanced level one, and advanced level two health educator competencies and sub-competencies. The framework/model consists of 225 sub-competencies organized into 36 competencies within the following seven major areas of responsibility:

- I. Assess needs, resources, and capacity for health education/promotion
- II. Plan health education/promotion
- III. Implement health education/promotion
- IV. Conduct evaluation and research related to health education/promotion
- V. Administer and manage health education/promotion
- VI. Serve as a health education/promotion resource person
- VII. Communicate, promote and advocate for health, health education/promotion, and the profession



Community Health Educator Professional Responsibilities (Cont.)

VIII. Added by SF State MPH program:

Promote health equity and
cultural humility in public health
practice.



CEPH Accreditation

The Council on Education for Public Health (CEPH) is the nationally recognized accrediting body for both schools of public health and public health programs. CEPH-accredited schools and programs offer the following key benefits to students:

- ▶ **Comprehensiveness:** The CEPH-accredited schools and programs of public health provide a variety of degrees in public health, including undergraduate, masters' and doctoral degrees in a number of area of study.
- ▶ **Rigor:** Each CEPH-accredited school and program goes through a rigorous accreditation process on a regular basis to assure students of a quality educational experience.
- ▶ **Flexibility:** Many CEPH- accredited schools and programs of public health offer online programs, dual degree programs and executive programs.
- ▶ **Qualification:** Eligibility to sit for the Certified in Public Health (CPH) exam, administered by the National Board of Public Health Examiners (NBPHE).
- ▶ **Opportunity:** Eligibility for public health internships and fellowships sponsored by various federal agencies, as well as student assistance resources that are available only through accredited schools and programs.
- ▶ **Recognition:** Because CEPH-accredited schools and programs are peer-reviewed, students can be sure their institution has met the standards established by CEPH.



Our Curriculum

Program Structure & Coursework



SF STATE MPH PROGRAM: OVERVIEW

- ▶ Program founded in 1998
- ▶ Council on Education for Public Health (CEPH) accredited since 2003.
- ▶ 44-unit degree can be completed in five semesters, including a required summer semester between the first and second years.
- ▶ Longer time to completion options are also available—choose what works for your life.
- ▶ Graduate Division seven year maximum time limit to degree in effect (Trend toward moving to a university-wide five year maximum time limit to degree).



SF State MPH: Program Features

- ▶ Curriculum: Introduce, Reinforce, Practice, Master
- ▶ Integration of theory, research and practice, including extensive supervised applied practice experience
- ▶ Cohort learning community
- ▶ Commitment to social justice, advocacy and community-engaged research & practice
- ▶ Intensive professional writing and oral presentation skills development & practice
- ▶ Faculty advisor assigned to each student; other faculty available for mentoring (Students encouraged to seek out and develop best-fit faculty mentor relationships)
- ▶ Course schedule to accommodate working professionals (some work schedule flexibility required)



Coursework Schedule

- ▶ Course schedule to accommodate working professionals; some work schedule flexibility required.
- ▶ Current course schedule (next slide); subject to change.
- ▶ *Note: Any future changes will be updated in the program requirements contract available for download from our website.*



Coursework Schedule (Cont.)

Coursework currently only on two weekdays per week:

- ▶ **Primary Class Day:** Currently **Thursdays** - students must be available for coursework and program activities every primary class day from 9 am through the evening, throughout all semesters in the program.
- ▶ **Second Class Day:** Currently, for first fall semester, second day of classes is on Mondays, and starts at 4PM, and continues into the evening.



Coursework Schedule (Cont.)

For the remaining semesters in the program after the first fall semester:

- ▶ **The second day of coursework (usually Monday or Tuesday) is currently an evening course.** This could change (e.g. to an afternoon start on this second class day), contingent on faculty discussions taking place this and next academic years.
- ▶ **For students working full-time while in the MPH program, some flexibility in work hour schedule will be required beyond the stated class period times,** especially during the first year spring and summer semesters, when students complete the applied practice fieldwork experience.



Semester	MPH Coursework—(5 Semester – 2 Year Roadmap) For additional information on course descriptions, please visit: SF State's Academic Bulletin: MPH Degree Requirements	Units	Units per Semester ²
Non-sequenced course	Elective Courses ³	6	
Fall Year One	PH 810 Public Health & Principles of Community Organizing PH 815 Theories of Social & Behavioral Change in Community Health Education PH 828 Biostatistics Lab PH 829 Biostatistics & Public Health PH 884 Seminar in Applied Community Health Education Research (Public Health Inquiry)	3 3 1 3 2	12
Spring Year One	PH 820 Community Health Assessment PH 825 Epidemiology PH 835 Public Health Policy (Elective #1)	3 3 3 3	12
Summer Year One	PH 821 Public Health Profession Practice PH 855 Environmental Health	3 1	4
Fall Year Two	PH 830 Health Education Planning, Management & Administration for Community Change PH 845 Educational Processes, Training & Curricula in Public Health (Elective #2)	3 3 3	9
Spring Year Two	PH 811 Community Health Education Professional Formation PH 840 Program Evaluation Design & Research PH 890 Master of Public Health Culminating Experience Seminar	1 3 3	7
Total Units: 44			

Semester	MPH Coursework (7 Semester – 3 Year Roadmap)	Units	Units per Semester ²
Fall Year One	PH 810 Public Health & Principles of Community Organizing PH 815 Theories of Social & Behavioral Change in Community Health Education PH 884 Seminar in Applied Community Health Education Research (Public Health Inquiry)	3 3 2	8
Spring Year One	PH 820 Community Health Assessment PH 835 Public Health Policy	3 3	6
Summer Year One	PH 821 Public Health Profession Practice PH 855 Environmental Health	3 1	4
Fall Year Two	PH 828 Biostatistics Lab PH 829 Biostatistics & Public Health PH 845 Educational Processes, Training & Curricula in Public Health	1 3 3	7
Spring Year Two	PH 825 Epidemiology Elective Course #1	3 3	6
Fall Year Three	PH 830 Health Education Planning, Management & Administration for Community Change Elective Course #2	3 3	6
Spring Year Three	PH 811 Community Health Education Professional Formation PH 840 Program Evaluation Design & Research PH 890 Master of Public Health Culminating Experience Seminar	1 3 3	7
Total Units:			44

Team Practice Experience

- ▶ A faculty-supervised public health profession practice experience (PH 821).
- ▶ An opportunity for students to put into practice the theory and concepts of an ecological approach to health.
- ▶ MPH students engage in a project focusing on **critical public health equity issues** in the San Francisco Bay Area.
- ▶ The public health profession team practice experience (typically conducted in the summer of the first year, but subject to change) aims to provide students with:
 - ▶ A firm understanding of how to plan, apply and present a public health project.
 - ▶ Training & development in professional public health practice skills.



Team Practice Experience (Cont.)

Student Feedback:

“The team practice is a wonderful opportunity to learn a skill-set in real time”

“I love being in the field, working with people, and working in groups”

“The team practice is hands-on professional development of critical practical skills you know you will use once you leave the university setting”



Team Practice Experience: History

Focus of recent SF State team practice projects (mostly community assessments) conducted in collaboration with our SF State Dept. of Public Health, SF State Health Equity Institute, and community partners:

- ▶ **2019:** An Examination of Housing Insecurity Amongst SF State Students (Collaboration with SF State's Basic Needs Initiative and Health Promotion & Wellness)
- ▶ **2018:** Conducting Data About Living Circumstances - Challenges & Opportunities (Collaboration with the County and City of San Francisco's Whole Person Care Initiative)
- ▶ **2017:** Housing, Pregnancy & Preterm Birth in SF (Collaboration with UCSF's Preterm Birth Initiative)
- ▶ **2016:** To examine the opportunities, challenges and experiences of implementation of onsite health and wellness interventions in HOPE SF communities.
- ▶ **2015:** How art can act as a vehicle for community building & healing in San Francisco public housing communities.



Culminating Experience (PH 890 MPH CE Seminar)

- ▶ The culminating experience provides students the opportunity to integrate, synthesize, apply and demonstrate mastery of the MPH competencies acquired in the program, utilizing lenses of equity, social justice, cultural humility, community, ecological and systems thinking.
- ▶ The professional products of the culminating experience are appropriate for use in the field. These include a final research paper and an oral presentation.
- ▶ Occurs in the last semester of the program.



Culminating Experience Titles

- ▶ Caregiving during COVID-19: Mental health and resilience among Filipino home care workers during the coronavirus pandemic (2021)
- ▶ Preventing far-right extremist violence: A scoping review of public health and equity-informed prevention strategies (2021)
- ▶ Towards liberatory, humanizing and holistic health approaches for youth of color: A critical analysis on youth development (2019)
- ▶ Advancing environmental health equity: A critical analysis of environmental racism against Native American communities (2019)
- ▶ Queering public health data: Lessons from a queer feminist approach to critical data studies (2018)
- ▶ The violation of human rights: How fear created by U.S immigration enforcement programs impact immigrant health (2017)
- ▶ “You are so well spoken!” Analyzing the effects of micro-aggressions on the mental health of Black women (2017)



Department of Public Health

MPH Faculty

Bios are available on website: <https://publichealth.sfsu.edu/facultystaff>

- ▶ Vivian Chávez, DrPH
- ▶ Laura Mamo, PhD
- ▶ Marty Martinson, DrPH, Department Chair
- ▶ Supriya Misra, ScD
- ▶ Lisa Moore, DrPH
- ▶ Victoria Quijano, EdD
- ▶ David Rebanal, DrPH
- ▶ Emma Sanchez-Vaznaugh, ScD
- ▶ Juliana van Olphen, PhD
- ▶ Jessica Wolin, MPH, MCRP
- ▶ Ruby Turalba, MPH
- ▶ Sahana Vasanth, MPH



Admissions Criteria

For Fall 2022 Admission



Admission Criteria: Work Experience

- ❑ **At least 3700 total hours (two years full-time equivalent) health-related work experience:**
 - Paid and/or volunteer positions post-high school graduation to present
 - Multiple part-time positions can be combined to arrive at the 3700 total hours minimum
 - Application strengthened by:
 - Public health work experience, especially social justice/health equity work
 - Post-baccalaureate career positions
 - Additional years of work above the minimum
 - Leadership roles



Admissions Criteria: Academic Excellence

- ❑ **3.0 or higher GPA in the undergraduate degree**
 - OR 3.0 or higher in the last 60 semester/90 quarter units of academic work attempted
 - OR a previously earned graduate degree



Admissions Criteria: Prerequisite / Foundation Courses

❑ Completed College Coursework in:

- **CESD** (cultural, ethnic, or social diversity)
- **Statistics or Calculus**
 - With a grade of B- or higher, and within 6 years of the admission year (June 2016 for Fall 2022); otherwise, admitted students will be required to complete a refresher statistics course *before* program commencement.
- **Composition**
- **Social Science**

Notes:

- View detailed information on all four course requirements on our [SF State MPH: Admissions](#) webpage.
- Upper division work preferred, but lower division, including community college courses, also acceptable
- Strong grades strengthen application; PDF about coursework requirements available on the department website



Admissions Criteria: Writing Sample

- ❑ All applicants are required to submit a college/post-college professional or academic writing sample.
 - This writing sample should demonstrate graduate writing preparedness and ability, applying research, writing and analytical skills.
 - If admitted, students must meet Level One Graduate-level Written English Proficiency through coursework performance
 - Refresher or concurrent writing course can be a condition of admission



Optional: GRE General Exam

- ❑ Applicants that have taken the GRE General Test are encouraged, but not required, to submit their score.
- ❑ This can be submitted as an alternative to *OR* in addition to the required writing sample.
- ❑ The Analytical Writing Section of the GRE General Test is reviewed and Graduate-level proficiency in written English is usually demonstrated by a score of 4.0 or higher.



Admissions Criteria (If applicable)

□ English Language Proficiency Requirement (TOEFL, IELTS, PTE) for non-native speakers of English

- For additional information on the [International English Test Requirements \(TOEFL, IELTS, PTE\)](#) and exemptions, please contact the Division of Graduate Studies
- Fluency in both English & a second language strengthens the application



Submitting Exam Scores

Request to have official standardized test scores transmitted directly to SF State, arriving **no later** than the Early Admission Decision deadline and the Regular Admission Decision deadline consideration.

GRE General Test (ETS Code: 4684)

- ▶ GRE General Test scores expire 5 years from test year period
- ▶ GRE Analytical Writing Target Score: 4 or higher
- ▶ GRE VR/QR Target Scores: 152 or higher Verbal, 153 or higher Quantitative
- ▶ *For more information on the GRE General Exam, please visit:*
<http://www.ets.org/gre>

TOEFL/IELTS/PTE:

- ▶ Required for non-native speakers; Check with Division of Grad Studies about exceptions and additional submission considerations.



APPLY NOW

Steps of the Application Process



STEPS OF THE APPLICATION PROCESS: STEP 1

Getting Started:

- ▶ Attend an MPH Prospective Student Information Session
- ▶ Review the Division of Graduate Studies: [TIPS to Cal State Apply](#)
- ▶ Review the [MPH Admissions Webpage](#)



STEPS OF THE APPLICATION PROCESS: STEP 2

Complete the online application through Cal State Apply

Before you begin this application, the Division of Graduate Studies recommends that you review our [TIPS to Cal State Apply](#), as well as the [Master of Public Health in Community Health Education](#) admissions website. Review all detailed information on admissions criteria and be prepared to answer application questions on how you meet these requirements.

For technical support and general application questions, please contact: [SF State Division of Graduate Studies](#)



STEPS OF THE APPLICATION PROCESS: STEP 2

The following sections are required for SF State's MPH Admissions:

- ❑ In the “Supporting Information” section of the application, please fill out your “**Experiences**” to list all applicable employment that fulfill the program’s work experience criteria.
- ❑ In the “Program Materials” section, complete the “**Documents, Recommendations, and Questions**” sections.



Section: Program Materials - Documents

- ❑ Upload a Program Requirements Contract
- ❑ Upload a CV/Resume
- ❑ Upload a personal statement (Prompt available on Cal State Apply)
- ❑ Upload a writing sample (Criteria available on admissions website)
- ❑ Upload any other additional test scores (e.g. Graduate Record Examination general test score, TOEFL, etc.)
- ❑ Upload transcripts from every college or university attended to the Documents section of this application

You must upload transcripts from every college or university attended to the Documents section of this application. Transcripts should include study abroad coursework, community college coursework even if transfer credit appears on your degree transcript. Photos of documents are not accepted. The Division of Graduate Studies may request official transcripts from you at any time during the application process in order to complete our review. Make sure you resolve any financial obligations at previously attended institutions so they will release your transcripts. If selected for admission, you are required to submit official transcripts to the Division of Graduate Studies.



Program Requirements Contract

For full details, please refer to the “Program Requirements Contract” document for your application year. This contract is subject to change; all entering students sign an updated version of this contract upon program enrollment.

- ▶ Coursework concentrated *as much as possible (but not guaranteed)* on two days/evenings per week. Multiple courses require small team projects - small student teams meet as needed on additional days/evenings to complete required team work
- ▶ Clearing work/outside commitment schedule for *a primary course day* for the duration of the program. Currently, Thursday is the primary MPH course day for the first year, and coursework/activities can commence as early as 9:00 am, and continue into evening hours.
- ▶ First year - fall semester second course day (currently Monday) starts at 4:00PM. Remaining semesters second course day: currently a 3 hour evening class period; subject to change (e.g. could change to afternoon start instead of evening).



Program Requirements Contract (Cont.)

- ▶ Two-semester (spring and summer) faculty-supervised team practice fieldwork experience collaborating with local community partners.
- ▶ Class and activities during the summer after the first year, with no vacation/break between spring and summer semesters. Shortened summer break between the first and second years of coursework is from approximately Aug. 1st to start of the second year fall semester (usually third week in August).
- ▶ Minimum 2 year (five semester) time to graduation; longer time to completion options also available
- ▶ Taking most courses in sequence as a member of a cohort learning community
- ▶ For first year entering MPH students, required MPH program orientation events, including a Thursday orientation day the Thursday *before* the first week of fall semester classes (subject to change), and likely additional orientation activities during the first weeks of the semester.



Personal Statement: Prompt

In a typed essay of no more than three double-spaced pages with one inch margins, font size 12, please address all of these questions in a single, polished essay.

- ▶ How is the SF State MPH Program in Community Health Education with its socio-ecological view and the mission to promote health equity, and social justice the right fit for your interests and career goals?
- ▶ How have your academic and professional experiences prepared you to excel in the SF State MPH Program and to contribute to the MPH student and faculty learning community?
- ▶ What have been some of the most challenging experiences you have had with socio-demographically diverse groups and how have you grown from those experiences? Given those experiences, how can you contribute to and grow from an MPH cohort's work to build a healthy and inclusive learning environment?



Personal Statement

Evidence of your fit with the SF State MPH program

An Effective Statement of Purpose

- ▶ Reflects your personal, authentic voice
- ▶ Showcases your polished writing skills
- ▶ Demonstrates a thorough understanding of the mission and specific qualities of our SF State MPH Program

Including community health education specialization; cohort learning community structure; mission to promote individual and community health, health equity, and social justice; our responsibility to include health equity and cultural humility as critical components of public health practice, and so forth. Attend information session; review thoroughly these slides and their links, our website and bulletin program information.



Section: Program Materials - Recommendations

- ▶ Three (3) letters of recommendation are required.
- ▶ Applicants can manage their recommendation requests through the Cal State Apply application platform.
- ▶ All letter of recommendation writers must use the Cal State Apply system to upload a scanned letter on letterhead with an original signature in PDF format.

Who Should Be Your Recommendation Writers?

- ▶ Letters should be from academic and/or professional reference providers who can address your academic and professional promise.
- ▶ The letters do not have to be from faculty members at an academic institution, they can be from supervisors or professionals familiar with the candidate's work. However, if you have graduated within the last 5 years, at least one letter from a former professor is preferred.



Section: Program Materials - Recommendations

Share the following prompt to all your recommendation writers:

Please write a comprehensive reference letter that addresses the following:

- ▶ How long have you known the applicant and in what context? How well do you feel you know the applicant?
- ▶ Evaluate the applicant's potential to succeed in graduate level academic work in terms of self-discipline, initiative, intelligence, creativity, capacity for analytical thinking, ability to grasp concepts, ability to organize and express ideas clearly both orally and in writing, and problem-solving skills.
- ▶ Evaluate the applicant's demonstrated professional abilities and future promise. Some aspects we are particularly interested in are planning skills, leadership skills, and interpersonal and collaborative effectiveness.
- ▶ Focusing on community health and social justice, the SF State Department of Health Education strives to partner with communities to address pressing public health problems. Please comment on the applicant's fit with this mission and relevant experience.

Once you have saved a recommendation request, an email request will automatically be sent to the recommender on your behalf. Please advise your recommender to look for this email in their inbox, as well as their spam or junk-mail folder, as emails do occasionally get filtered out.



Section: Program Materials - Questions

Be prepared to answer the questions in this section:

Program Prerequisite / Foundation Courses

- ▶ List the details (Course name & description, completion date & institution and final grade) of how you have met the following prerequisite courses required for the program:
 - ▶ Statistic or Calculus
 - ▶ Composition
 - ▶ Social Science and
 - ▶ CESD (Cultural, Ethnic or Social Diversity)
- ▶ Please use the following format to submit your answers:
 - ▶ MATH 124 Elementary Statistics: A (SF State, Spring 2019)
 - ▶ MATH 124 Elementary Statistics: In Progress (SF State, Spring 2022)



Section: Program Materials - Questions (Cont.)

Be prepared to answer the questions in this section:

Work Experience

- ▶ What is your current work position title and employer?
 - ▶ Example Submission Format: Mental Health Education Coordinator, SF State: Health Promotion & Wellness
- ▶ Please state the total number of relevant work experience hours calculated for your application?
 - ▶ If your total number of hours does not meet the minimum admission criteria at the time of application, also add a statement that indicates the total number of hours completed by the start of the MPH program (August 2022).



Section: Program Materials - Questions (Cont.)


SF State MPH Program Application Questions


- ▶ Which communities do you identify with and/or feel you represent? (This can include ethnicity, cultural, career focused, etc.)
- ▶ Gender Pronouns Used
- ▶ Other than English, in which language(s) are you fluent? Identify: Speak, read and/or write*
- ▶ Last Degree Earned*
- ▶ Intended academic plan for SF State MPH Program
- ▶ How did you learn about SF State's MPH Program?







**Note: Please provide answers within the suggested format.*



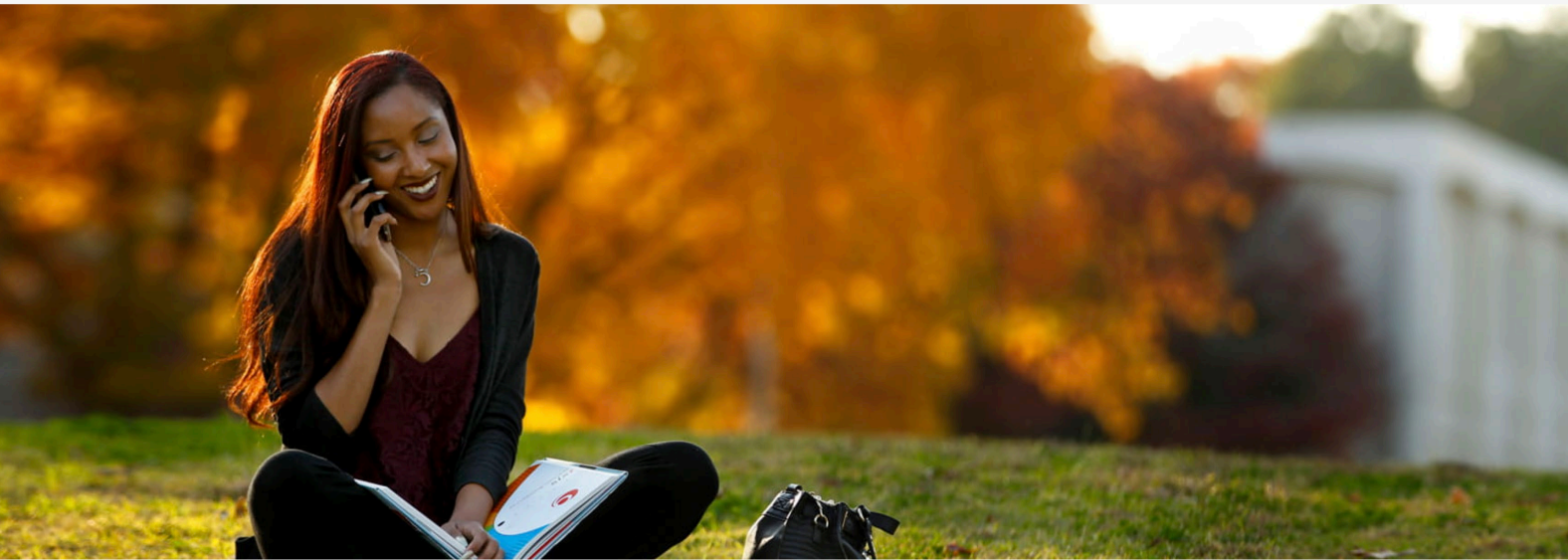
Cal State Apply

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CAL STATE **APPLY**

Find your future at the California State University.
With 23 campuses and thousands of degree choices, the CSU is a great place to start your journey.
Explore your options below, and start your application today.

[See Application Dates & Deadlines »](#)

**APPLY
HERE**

Select a Term to Apply For 

Apply



Welcome to The California State University

Thank you for your interest in The California State University. We hope you will find the online application process to be comprehensive and easy to navigate. You do not need to complete the online application all at once. You may access your application and change your answers as many times as you like by using your login credentials from any computer with internet access. Your application can be completed online and submitted electronically once you have entered the required information.

If you are looking to apply to a prior term, Winter 2018, Spring 2018, or Summer 2018 please click [here](#) to

Sign in with your username and password below. First time here? Select Create an Account to get started.



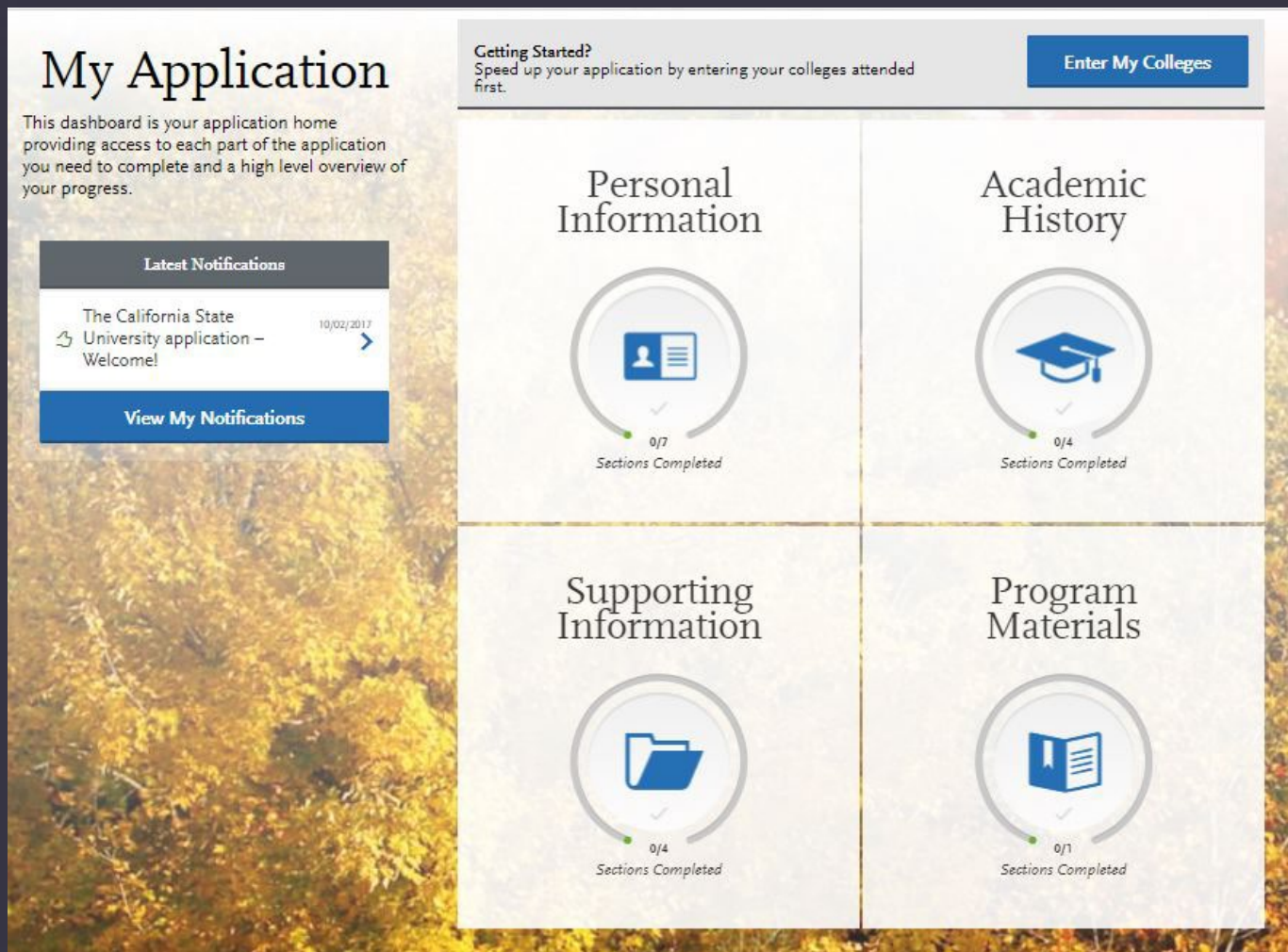
Sign In

Create an Account

[Forgot your username or password?](#)



Cal State Apply: Application Dashboard



The screenshot displays the 'My Application' dashboard. At the top left, the title 'My Application' is followed by a description: 'This dashboard is your application home providing access to each part of the application you need to complete and a high level overview of your progress.' Below this is a 'Latest Notifications' box with a message from 'The California State University application - Welcome!' dated '10/02/2017' and a 'View My Notifications' button. On the right, a 'Getting Started?' section encourages users to 'Enter My Colleges' to speed up their application. The main area is divided into four quadrants, each representing a section of the application: 'Personal Information' (0/7 sections completed, icon of a person and document), 'Academic History' (0/4 sections completed, icon of a graduation cap), 'Supporting Information' (0/4 sections completed, icon of a folder), and 'Program Materials' (0/1 sections completed, icon of an open book).

My Application

This dashboard is your application home providing access to each part of the application you need to complete and a high level overview of your progress.

Latest Notifications

The California State University application - Welcome! 10/02/2017

View My Notifications

Getting Started?
Speed up your application by entering your colleges attended first. **Enter My Colleges**

Personal Information
0/7 Sections Completed

Academic History
0/4 Sections Completed

Supporting Information
0/4 Sections Completed

Program Materials
0/1 Sections Completed

Please visit the following webpage for helpful tips in completing these four sections of the application:

[SF State Division of Graduate Studies: Apply](#)

(Under the heading: "The Online Application is comprised of four sections")



Additional Considerations

- ▶ Upload GRE General Test Score (If applicable)
- ▶ California State University - Graduate Program Application Fee
 - ▶ Current application fee: \$70.00
- ▶ Any other required materials (i.e. TOEFL, proof of immunizations, etc.)



Steps of the Application Process: Step 3

Notification of Admission Decision by the University (For Fall 2022)

- ▶ To be admitted to the MPH Program, applicants must first be recommended for admission to the Division of Graduate Studies by the Public Health Department, and then officially admitted to the university by the Division of Graduate Studies.
- ▶ Complete applications received by February 1, 2022, will be eligible for early admission decisions (**notifications will be emailed by late February**).
- ▶ Complete applications received by March 27, 2022 are eligible for regular admission decision (**notification will be emailed by early May**).
- ▶ Applications received after the regular admission deadline will be reviewed on a space available basis

**Note: Decision email notifications indicated are subject to change.*



Conditionally Classified Status

All MPH students are admitted to the program with conditionally classified status.

To be moved to fully classified status, which usually occurs in the fall semester directly prior to spring semester graduation, upon submission of the Advancement to Candidacy (ATC) form, students must meet all of the following requirements:

1. *Meet any specialized conditions indicated in the Dept. of Public Health admission recommendation letter.*
2. Earn a 3.0 or higher cumulative GPA during the first year of program coursework.
3. Demonstrate Level Two graduate-level proficiency in written English by successful completion (grade of B or higher) of the first fall semester PH 810, PH 815, and PH 884 courses. If the student does not demonstrate Level Two written English proficiency, the student will be expected to engage in additional writing skills development activities, as well as repeat the course or courses in which the student earned less than a B. Students are only allowed to repeat a course once. If a student does not meet a course grade threshold after two attempts at a course, the student will be declassified (removed) from the MPH program.
4. Demonstrate professional ethics and effective collaborative learning skills.



Admission Rates 2015-2021

(Recommended/Reviewed)

Admit Year	Admission Rate (CSU Mentor)
Fall 2015	50%
Fall 2016	46%
Fall 2017	50%
Admit Year	Admission Rate (Cal State Apply)
Fall 2018	59%
Fall 2019	52%
Fall 2020	50%
Fall 2021	45.5%

Cohort Sizes 2015-2021

Admit Year	Students Enrolled
Fall 2015	23
Fall 2016	15
Fall 2017	21
Fall 2018	16
Fall 2019	22
Fall 2020	14
Fall 2021	11



SF State University Fees

Fall 2021 Semester Total Tuition and Campus Fees

For more information, please visit: [SF State Bursar's Office](#)

- ▶ CA resident, full-time graduate student (6.1 units or more): \$4281
- ▶ CA resident, part-time graduate student (6 or fewer units): \$2775
- ▶ Non-CA Residents/International: \$396 per semester unit *in addition* to corresponding tuition/fees listed above for CA residents
- ▶ [Office of Financial Aid](#), [Division of Graduate Studies](#), and [Fellowships](#) websites have links to scholarships and resources. Office of Financial Aid has financial aid advisors available by phone daily.



SF State University Fees

PROGRAM & INSTITUTION	SF STATE MPH (Community Health Education)
LENGTH OF PROGRAM	2 Years (5 Semesters) 3 Years (7 Semester) [Option]
TOTAL UNITS	44 Units
COST PER SEMESTER	BASED ON FALL 2021: <ul style="list-style-type: none"> \$2,775.00 (6 Units or Less) \$4,281.00 (6.1 Units or More) BASED ON SUMMER 2020: <ul style="list-style-type: none"> \$2,310.00 (6 Units or Less) \$3,816.00 (6.1 Units or More)
TOTAL COST (Estimate)	5 Semester Plan: \$19,434 <ul style="list-style-type: none"> Full Time: FA Y1, SP Y1, FA Y2, SP Y2 = \$17,124 Part Time: SUM Y1 = \$2,310 7 Semester Plan: \$23,478 <ul style="list-style-type: none"> Full Time: FA Y1, FA Y2, SP Y3 = \$12,843 Part Time: SP Y1, SP Y2, FA Y3 = \$8,325 Part Time (SUM): SUM Y1 = \$2,310



Reminders & Important Deadlines

- ▶ **Early Admissions for Fall 2022 Deadline:**
February 2, 2022 (Highly recommended)
- ▶ **Regular Admissions for Fall 2022 Deadline:**
March 27, 2022

*For news, updates and reminders of important deadlines,
please subscribe to:*

[SF State Master of Public Health Program Mailing List](#)

